

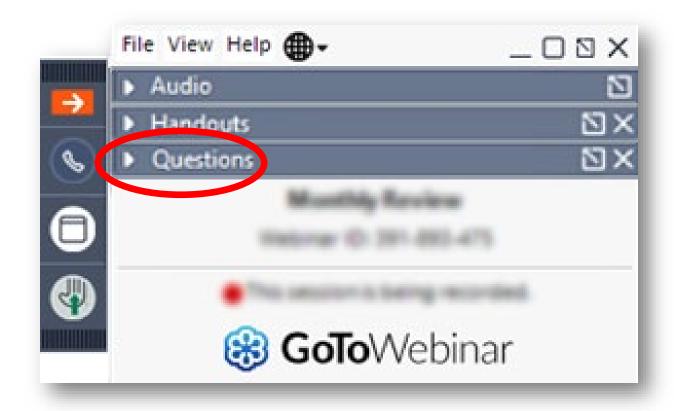


In the Eyes
of a Parent:
Understand Your
Child's Cognitive
Ability





### • Questions and Recordings



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# How can we use the *Ability Profile*™ to empower parents and caregivers with strategies to support their learner?

- 4 *CogAT*<sup>®</sup> resources designed specifically for parents:
  - Support school districts in educating parents by using the *Ability Profile*™ as a reference point
  - Written with a parent's vocabulary in mind, education terminology is rephrased or explained as appropriate
  - Rich with examples of activities and conversations parents can apply in their everyday life to support the children in their care
  - Designed to help parents see their child through a lens of potential and their daily life through a lens of opportunity



## Guide 1: Overview of CogAT® for Parents

 Helps parents understand how to interpret different components of the Ability Profile™

Explains how teachers use ability data to support student growth

- Reinforces to parents that a child is more than a single test score
- Points parents to additional resources
- Suggested use: Share directly with parents along with the CogAT® results





#### Guide 2: How to Conference with Your Child's Teacher

- Provides overall guidance for a successful parent-teacher conference, with the emphasis that parents and teachers are on the same team to support the child.
- Broken down by *Ability Profile*™: Offers examples of questions for different profiles, giving parents the words to guide a productive discussion.
- Suggested use: Offer (or re-offer) in advance of conferences. Parents could note/highlight questions that they want to ask at their conference.



# Guide 3: How to Talk with Your Child about Their Learning

- Provides examples of questions that encourage connection, self-reflection and growth.
- Gives parents words to use to encourage their child's strengths and help them bolster relative weaknesses.
- Models how to have difficult conversations about learning, help with homework, encourage good work habits, and other common challenges parents have.
- Emphasizes respect, curiosity and growth mindset, with the intention of giving parents tools in their toolbox for productive conversation.





Guide 4: How to Support Your Learner at Home

- Examples for how to build ability in the three domains assessed on the  $CogAT^{\otimes}$  examples are provided in each domain and are all common home activities.
- Ideas for setting up the home environment for support of learning.
- Suggestions for helping learners build the habits of motivation that support growth.
- Encouragement for incorporating play, including the benefits of creative play and suggestions for games to build reasoning in each of the three areas.
- Goal is to help parents understand that it often doesn't take buying anything special or a great deal of time to support their child, it just takes intention.





#### Suggestions for Using Guides 3 and 4:

- Provide a link to the resources with the students' *CogAT*® results for parents who want to dive in right away.
- Physical or digital copies of guides to be distributed as needed.
- Parent seminar/workshop (1-1.5 hours): Using your child's *Ability Profile*™ to support their learning at home
- Brief videos (under 60 seconds) breaking down the documents into smaller pieces. Example: Start with curiosity- "Look at this spelling test! I thought we studied this!" becomes, "I remember you studied hard for this spelling test. How do you feel about how you did?"
- Longer videos (3-5 minutes) Example: Using laundry to build reasoning skills







# Coming in September 2023

